

Annual Report & Accounts
For the Year Ended 31 March 2008

Registered Office: The Annexe, St Mellitus Church, 79a Tollington Park, London. N4 3AG
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Registered Charity No. 1057737

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Legal & Administrative Information

Incorporated	14th August 1996
Company Number	03237809
Registered Charity No.	1057737
Chair of Trustees	Jeanette Cragg
Trustees	Janine Bull Bridget Butt (Appointed 4 Feb 2008) Jeanette Cragg Robina Dyall Revd Fiona Green (Appointed 2 July 2007) Valerie Lang MBE Jacqueline Mair Isabel Nisbet (Resigned 31 March 2008) Denise O'Connor Revd Brian Purchase (Appointed 30 April 2007) Gradleigh Ruderham (Resigned 31 March 2008) Mary Savory (Appointed 2 July 2007) Guido Waldman Revd. Brian Wightwick
Company Secretary	Isabel Nisbet (Resigned 31 March 2008)
Registered Office & Principal Office	The Annexe St Mellitus Church 79a Tollington Park London N4 3AG
Bankers	NatWest Bank PLC PO Box 8002 218 Upper Street London. N1 1SA

CARIS Islington

Our Vision

A community service open to all in Islington affected by bereavement or homelessness, offering counselling and cold weather shelters, in partnership with local churches.

Our Values

We are committed to delivering a service that is free to all, rooted in Christian ideals and open to all without judgement.

Our Strategic Objectives

1. To provide a free, Cold Weather Shelter in Islington, to support people affected by problems of homelessness
2. To provide a free Bereavement Counselling service Cold Weather Shelter in Islington, to support people affected by death
3. To develop and sustain a positive working relationship with all churches and places of worship within Islington
4. To raise awareness of the realities and impact of bereavement and homelessness
5. To ensure that models of best practice are used in CARIS.

Our History

Incorporated on 14 August 1996, CARIS Islington is a registered charity and a company limited by guarantee. It comprises of three projects - the CARIS Bereavement Service (CBS), Rucksack, our child bereavement service and the CARIS Cold Weather Shelter (CCWS).

It is governed by a memorandum and articles of association which have not been amended since incorporation. Its objects are the promotion of charitable purposes for the benefit of the community within the London Borough of Islington (including the assisting of the bereaved and the homeless) as shall be an expression of Christian social concern.

CARIS Islington is headed by the Board of Trustees, who together are responsible for the management of all the various projects. For more details please contact the Chair of the Trustees, Jeanette Cragg, at the CARIS office.

All CARIS Islington projects are managed by project committees, which include members of the Board of Trustees as well as others. The CBS project committee is chaired by Valerie Lang and the CCWS project committee is chaired by Jacqueline Mair.

How You Can Help

Pray for us.

Apply to become a member of our project management committees.

Apply to become a Trustee of the Charity.

Volunteer in our office to help out with the administration work.

Make a donation towards the work of CARIS Islington.

Chair of Trustees Review of the Year

The most significant event for Caris in the past year has been our move to new offices at St Mellitus Church in Finsbury Park. We have greatly improved facilities and can hold meetings, training events and counselling sessions on site for the first time in our history. The renovation of the new offices demonstrated the commitment and enthusiasm of our volunteers, as armies of people cleaned, decorated, cleared rubbish and donated furniture to us.

The downside of course is the increased rent: more than twice the cost of our previous accommodation. Financing our projects is a perennial problem. We began the year in a reasonably healthy position because of past fund-raising and some generous donations. However, increasing costs, and our focus on the move and other matters this year have meant that the position at the end of the year [in Spring 08], is that we have generated in income this year considerably less than our expenditure. We have been able to draw on our reserves for the moment, but Trustees and staff are now focussing urgently on fundraising.

On a more positive note, we were delighted to recruit Mark Brennan as Co-ordinator for the Cold Weather Shelter Project again. He has presided over another very successful season for the CWS, and has in particular, networked with many bodies, including Islington Council, the Quakers and other charities to support our efforts.

As far as the Bereavement Service is concerned, our Rucksack project for children is now well-established, and we have a dedicated 'rucksack' room at our new offices. Another successful training programme was run over the winter months.

Reviews of the individual projects follow. Each of them also produces their own project report.

There have been some changes in our Trustees. Grad Ruderham, our Treasurer for many years, resigned at the end of the year. We are very sorry to lose him, as he has worked tirelessly for Caris as a Trustee and as Treasurer. We are delighted, however, to welcome Bridget Butt to the Trustees and to take on the role of Treasurer with effect from the 2008-09 financial year. Isabel Nisbet, Trustee and our Company Secretary, has had to resign as her work has taken her out of London. Mary Savory and Rev Fiona Green have both been welcomed to the Trustees.

I would like to thank all the Trustees for their help and support over the past year, and our three part-time staff for their commitment to their work, especially against the background of the changes over the past year.

Jeanette Cragg
Chair of Trustees

CARIS Bereavement Service

The CARIS Islington Bereavement Service offers bereavement counselling to anyone in the borough of Islington who has been bereaved. The service is free and confidential. In the summer of 2007 we had the opportunity to move premises and now are able to offer counselling to clients in our building as well as in their own home as we have always done. This has worked out very well, although the move meant that our usual activities slowed down during the summer and we had several months for example when we were not fundraising or advertising the service. Strangely enough despite the lack of advertising we had 121 clients referred compared with 112 the year before. Many have requested to come to the CARIS building for their counselling while others have continued to appreciate the opportunity to see a counsellor at home.

In 2007 we trained ten new counsellors all of whom joined the service, bringing counsellor numbers up to 30 by the end of the year. All the counsellors are volunteers, each seeing two or more clients per week, plus attending fortnightly supervision.

Of the people we met, 39% had lost a parent, and 20% had lost a partner. Special needs continue to be very evident in our client group this year, including clients with learning disabilities, mental distress, physical illness and disability, drug and alcohol users, and single parent. We have been asked to help with bereavements following suicides, murder, baby and child deaths and death at work. Of the clients we saw 12% had a mental illness and 12% were bereaved through suicide.

Following the big (but worthwhile!) upheaval of moving to our new building we are facing another big change in the summer of 2008 when Anne Baker, the Assistant Co-ordinator, will be leaving CARIS after more than 12 years with us. We wish her well in her new life.

We have received many supportive comments from clients throughout the year.

Here is just one: "I particularly appreciated the fact that she came to me (100% reliable and punctual) - if I'd had to go somewhere for counselling I'm not sure I would have got there half the time as my motivation and ability to get to appointments was very low."

Male	25%
Female	75%
	100%

White British	59%
Black Caribbean	7%
Black African	5%
Black Other	3%
Indian	3%
Pakistani	1%
Asian Other	3%
Other	19%
	100%

Lydia Constantinou
CARIS Bereavement Service Co-ordinator

CARIS Cold Weather Shelter

Homelessness is a more complex issue than most of us first imagine. Spend time working with the homeless and you quickly learn that it goes way beyond the obvious "no roof over ones head". Its impact ripples and resounds across all aspects of society Many organisations are all working hard to address this problem. This includes our own of course. So what is our role?

The CARIS Cold Weather Shelter project brings simple hospitality. The shelter operates on the frontline of homelessness. It provides an opportunity for everyone involved to meet in an environment of safe, welcoming hospitality. It provides an opportunity for everyone to relax, share, reflect and learn together. It brings the two apparently disparate ends of the social spectrum (and lots in between) together. It brings understanding and healing.

The organisation "Shelter" considers that work to tackle street homelessness must be informed by the following beliefs, if it is to succeed;

- 1 Street homelessness will only be solved if its extent and nature is properly understood
- 2 Most street homeless people have complex, multiple needs, therefore effective joint working between agencies is essential
- 3 There needs to be a transfer of the balance of power from agencies to the street homeless people they serve
- 4 Street homelessness will only be resolved if solutions are provided that people are willing to accept. This starts with engagement and moves through to long-term housing

In Islington efforts are being made to bring a well orchestrated approach to this work. We recognise, respect, celebrate and are a willing participant in these efforts. For anyone that has walked past a homeless person on the street with trepidation our shelters are warm, welcoming places for that initial engagement - a place to explore our own fears. It is through our exploration of homelessness that we discover the true value of home.

No of Individual Guests	137
No of Beds Provided	1,515
No of Guest Meals Served	3,700

Male	87%
Female	13%
	100%

18 to 24	8%
25 to 34	25%
35 to 44	29%
45 to 59	30%
Over 60	6%
Unknown	2%
	100%

White Irish	12%
White British	36%
White Other	28%
Mixed (White/Black Caribbean)	2%
Mixed (White/Black African)	4%
Asian Indian	1%
Black African	7%
Black Carribean	1%
Black British	3%
Chinese	1%
Other	5%
	100%

Mark Brennan
CARIS Cold Weather Shelter Co-ordinator

Rucksack

Our children's bereavement service, Rucksack, offers a selection of therapeutic programmes for bereaved children. Rucksack work, like our work with adults, has mostly taken place in the children's homes, and sometimes in local schools. However, the move in the summer of 2007 allowed us to create the Rucksack Room, full of sand, toys, puppets and craft materials. This has brought a very important new strand to our work and we are pleased that several children have used the rucksack room already.

The move meant that we did not advertise the service this year but nevertheless we had thirty children referred in comparison to twenty the year before. We can't imagine what will happen when we advertise next year!

An individual therapeutic programme is designed to suit each child we work with. However, there are five main strands to the Rucksack programme as detailed below:

Talking

All the Rucksack activities are designed to help the child express his/her thoughts and feelings. Some children just want to talk. The Rucksack visitors are skilled listeners and will listen and answer questions, throughout the visits. Sessions usually take place once a week.

Focussed play

If the child is affected by their loss, this may show in their play. The Rucksack visitors can facilitate play sessions and will focus the play in ways that allow the child to express their feelings. The visitors will bring and use play aids (eg puppets).

Art and craft

There are various art and craft activities that can be used to honour memories (eg making a picture frame to house a cherished photo) and to help a child to express feelings. The Rucksack visitors can facilitate these activities and provide appropriate craft materials.

Memory Boxes

We can provide special memory boxes which can be filled with items for the child to keep. The Rucksack visitors will spend time discussing the items in the box and will help the child add pictures, writing, poems etc and decorate the box if wanted. This activity requires the co-operation of the child's family to help the child find appropriate items to fill the box. These might include a personal item of the deceased.

Scrapbooking

It can be helpful for the child to record their thoughts and feelings about their loss. The Rucksack visitors will help the child to work on making the book, and will provide the basic materials for this activity. Some children may want to share this activity with their family.

Lydia Constantinou
CARIS Bereavement Service Co-ordinator

Trustees' Annual Report

Board of trustees

The trustees who acted during the period are set out on page 1. Election and re-election of trustees will be carried out according to the procedures set out in our Memorandum and Articles of Association, which is our governing document. An individual induction programme is agreed and implemented for each new trustee, covering all aspects of the trustee's role and the organisation.

The Board of Trustees acts on information and advice from monthly meetings with representatives of the various project committees and CARIS Islington employees. Trustees are able where appropriate to take independent professional advice at no personal expense.

The trustees delegate the day-to-day management of CARIS Islington to the project committees, who are responsible for ensuring that all control mechanisms are in place.

Trustees' responsibilities

UK company and charity law requires the Board of Trustees to prepare financial statements that give a true and fair view of the state of affairs of CARIS Islington and the results for the relevant period. In preparing the financial statements, the trustees have selected suitable accounting policies and applied them consistently, made judgements that are reasonable and prudent, followed applicable accounting standards and prepared the financial statements on a going-concern basis.

The trustees are responsible for keeping proper accounting records which disclose, with reasonable accuracy at any given time, the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 1985. They are also responsible for safeguarding the assets of CARIS Islington and therefore take reasonable steps for the prevention and detection of fraud and other irregularities.

In preparing these financial statements and Annual Report, CARIS Islington has complied with the provisions of the Statement of Recommended Practice (SORP), Accounting and Reporting by Charities, issued in March 2005.

Equal opportunities

CARIS Islington is committed to the principle and practice of equal opportunities and aims to be an equal opportunities employer. Our employment policy seeks to ensure that no-one receives less favourable treatment on the grounds of sex, marital status, ethnicity, disability, age, sexual orientation or any other grounds that are unjustifiable in terms of equal opportunities for all.

Trustees' Annual Report

Risk management and internal control

The trustees review the major risks the charity faces as part of the annual business planning process and have established systems to manage these risks. The trustees are satisfied that the arrangements for managing these risks combined with the annual review of financial controls and the reserves policy, will ensure that sufficient resources are available to maintain services for the foreseeable future.

The control system includes several key elements:

1. The trustees meet at least 6 times during the year. A number of matters are specifically reserved for their approval.
2. There is a clear organisational structure, with appropriate levels of accountability and reporting lines.
3. Each trustee has expertise in a particular area (Human Resources, Finance etc).
4. The trustees receive a financial report at every trustees meeting.
5. CARIS Islington operates a range of detailed personnel policies to ensure compliance with employment legislation and good management practice.

Volunteer involvement

CARIS Islington depends on volunteers to help its projects run efficiently. All visitors for both the adult and child bereavement services are volunteers, as are the members of the project committees. All of the 7 churches that make up the cold weather shelter are staffed by up to 5 volunteers for every shift. Again all members of the project committee are also volunteers. There are also 3 volunteers who work in the office on a regular basis to help out with administration work.

Performance against current objectives

At the start of the current year 3 key objectives were set for the year ahead. Our performance against these targets is as follows:

1. To secure continuation funding for all of CARIS Islington's projects.
Achieved - Additional funding was secured during the year.
2. To review and update the mission, vision and aims of CARIS Islington.
Achieved - The mission, vision and aims were successfully updated during the year
3. To move into and re-develop our new offices in Tollington Way.
Achieved - the office move was completed and the offices re-decorated.

Trustees' Annual Report

Future developments

Some of the key objectives to be addressed during the coming financial year are:

- 1 Secure adequate continuation funding for all projects
- 2 Review and improve the office administration support, particularly in the light of staff changes
- 3 Consider and revise the role of Assistant Co-ordinator, and recruit to fill the revised role
- 4 Review and improve our relationship with partner organisations

All of the key objectives above require no specific funding and will be carried out by members of staff already in post supported by members of the Board of Trustees.

Financial performance

CARIS Islington has again had a successful year, with all projects holding reserves as at 31 March 2008.

Overall the charity's income decreased from £81.5k to £62.3k, a decrease of £19.2k. This decrease was mainly due to the fact that most of the trustees time at the start of the year was taken up by the move of office and the subsequent repairs and redecorating. This meant that for the first 6 months of the year less fundraising was carried out than in the prior year and hence less income was raised. Fortunately we were able to rely on our reserves to help us through the transitional period and now that we are settled into our new offices the focus on fundraising has returned.

Overall the charity's expenditure increased to £84.8k from £73.2k, an increase of £11.6k. The main reason for this increase was again the move to a new office. Not only do we now pay more rent than before, but we also had to spend a considerable amount of money on setting up the new office, buying furniture, signage and getting the rooms repainted. The expenditure on each of the projects remained remarkably constant.

Independent Examiner

Kathleen Reed was re-appointed as independent examiner of CARIS Islington during the period and a resolution for her re-appointment will be proposed at the forthcoming Annual General Meeting.

Trustees' Annual Report

Reserves policy

The Board of Trustees reviews CARIS Islington's reserves policy annually. There are 3 categories of reserves: the General Fund, Designated Funds and Restricted Funds.

Unrestricted Funds - General fund

In considering the level of the General Fund that CARIS Islington should aim to hold, a range of factors needs to be taken into account. The overall aim is to distribute funds quickly to our charitable activities, whilst maintaining a prudent level of reserves to ensure stability and flexibility. It is assumed that on occasions fluctuations will occur in both income and requirements for funding which cannot be fully anticipated in the planning process. Therefore the trustees of CARIS Islington consider it prudent to maintain a General Fund equivalent to 4 to 6 months of total expenditure. Currently this equates to an acceptable range of reserves in the General Fund of £28,000 to £42,000.

At the period end the balance on the General Fund was £30,017, which is within the acceptable range. The trustees have agreed to monitor the level of these reserves and transfer funds to the charitable projects if the balance becomes too large.

Unrestricted Funds - Designated Funds

Designated funds comprise funds set aside out of unrestricted income by the trustees for the furtherance of particular aspects of the charity's objects. In 2006 the trustees created a designated fund of £15,000 to support and help provide start up funding for any new activity that was undertaken. This has been used to fund the move to our new office and the subsequent decorating, renovating and kitting out. This fund has now been used in full and therefore is now closed.

Restricted funds

Restricted funds are funds subject to specific conditions imposed by donors. We aim to minimise the levels of restricted funds, but balances arise due to timing differences between receipt of the income and expenditure on the specified purpose. All amounts held as restricted funds are expected to be spent in full in the next financial year.

Jeanette Cragg
Chair of Trustees

**Statement of Financial Activities
For the Year Ended 31 March 2008**

	Note	Unrestricted £	Restricted £	2008 Total £	2007 Total £
Incoming Resources					
Incoming Resources from Generated Funds					
Voluntary income	2	18,161	42,835	60,996	80,780
Investment income	3	1,279	0	1,279	767
Total Incoming Resources		19,440	42,835	62,275	81,547
Resources Expended					
Costs of Generating Funds					
Costs of Generating Voluntary income	4	0	3,160	3,160	2,935
Charitable Activities	5	13,581	68,043	81,624	70,257
Governance Costs		0	0	0	0
Total Resources Expended		13,581	71,203	84,784	73,192
Transfers Between Funds	10	(36,000)	36,000	0	0
Net Movement In Funds		(30,141)	7,632	(22,509)	8,355
Reconciliation of Funds					
Funds Brought Forward	10	60,158	32,731	92,889	84,534
Net Movement in Funds	10	(30,141)	7,632	(22,509)	8,355
Funds Carried Forward		30,017	40,363	70,380	92,889

Balance Sheet
As At 31st March 2008

	Note	2008		2007	
		£	£	£	£
Fixed Assets			0		0
Total Fixed Assets			0		0
Current Assets					
Debtors		0		0	
Bank & Cash in Hand		70,380		92,889	
Total Current Assets		70,380		92,889	
Current Liabilities					
Creditors: Amounts due within 1 year	8	0		0	
Total Current Liabilities		0		0	
Net Current Assets / (Liabilities)			70,380		92,889
Total Net Assets / (Liabilities)			70,380		92,889
Represented by:					
Unrestricted Funds					
General Fund	10		30,017		46,841
Designated Funds					
Innovations Fund	10		0		13,317
Total Unrestricted Funds			30,017		60,158
Restricted Funds	10		40,363		32,731
Total Funds			70,380		92,889

a) For the year ended 31 March 2008 the company was entitled to exemption under s249A(1) of the Companies Act 1985.

b) Members have not required the company to obtain an audit in accordance with s249B(2) of the Companies Act 1985.

c) The directors acknowledge their responsibility for:-

- ensuring the company keeps accounting records which comply with s221: and
- preparing accounts which give a true and fair view of the state of the affairs of the company as at the end of the financial year, and of its profit and loss for the financial year, in accordance with s226, and which otherwise comply with the requirements of the Companies Act relating to accounts, so far as is applicable to the company:

d) The accounts have been prepared in accordance with the special provisions in Part VII of the Companies Act 1985 relating to small companies (Section 248(8) of the Act).

These financial statements were approved by the Board of Trustees. Signed on behalf of the Board of Trustees:

Signed (Director):

Date:

Independent Examiner's Report

I have examined the above financial statements and in my opinion they properly present the receipts, payments and balances of CARIS Islington for the year ended 31 March 2008.

Signed (Independent Examiner):

Date:

Notes to the accounts

For the Year Ended 31 March 2008

1. Accounting policies

(a) Basis of preparation

The accounts are prepared in accordance with the Statement of Recommended Practice (SORP) 'Accounting and Reporting by Charities' published in March 2005, the Companies Act 1985 and applicable Accounting Standards. The particular accounting policies adopted by the Board of Trustees are described below:

(b) Accounting convention

These accounts have been prepared under the historical cost convention.

(c) Fund accounting

General Funds - these are funds which can be used at the discretion of the Board of Trustees in furtherance of the general charitable objectives of CARIS Islington. Accumulated surpluses in the General Fund are included within unrestricted funds

Designated funds - these are funds set aside by the Trustees out of unrestricted general funds for specific future purposes or projects.

Restricted funds - these are funds subject to specific conditions imposed by donors. Where possible any fund deficits are eliminated by a transfer from the General Fund at the year end, except where the Trustees are of the opinion that such deficits will be eliminated by future committed giving.

(d) Incoming resources

All income is recognised in the Statement of Financial Activities when the Charity is legally entitled to the income and the amount can be quantified with reasonable accuracy, and receipt of the income is certain.

Gifts in kind

Gifts in kind are included in income at their estimated market value and recognised when they are utilised.

Grants receivable

All grants received which relate to the year are credited to income within the Statement of Financial Activities.

Donations

Donations and all other receipts from fundraising are reported gross and are accounted for on a receivable basis. The related fundraising costs are reported in costs of generating voluntary income.

Notes to the accounts
For the Year Ended 31 March 2008

1. Accounting policies (continued)

(e) Resources expended

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category.

Cost of generating funds

These are costs incurred in seeking voluntary contributions and do not include the costs of disseminating information in support of the charitable activities.

Governance costs

These are costs associated with the governance arrangements of the charity that relate to the general running of the charity as opposed to those costs associated with fundraising or charitable activity. Included within this category are costs associated with the strategic as opposed to day to day management of the charity's activities.

Direct charitable expenditure

These are costs directly related to the objects of the Charity and is comprised of the adult bereavement service, rucksack and the cold weather shelter.

Support costs

These costs represent the staffing and associated costs of finance, human resources, office costs, information technology and general administration in supporting the operational projects of the charity. These are allocated across the costs of generating funds, governance costs and direct charitable expenditure. The basis of the cost allocation has been explained in the notes to the accounts.

(f) Tax

CARIS Islington is a registered charity and, as such, is exempt from taxation on its income and gains to the extent that they are applied to its charitable purposes.

2. Voluntary income

	2008	2007
	£	£
Grants		
Trusts and other grant giving bodies	32,750	51,578
	32,750	51,578
Gifts and donations		
Individuals & Churches	28,246	29,202
	28,246	29,202
Total voluntary income	60,996	80,780

Notes to the accounts
For the Year Ended 31 March 2008

3. Investment income

	2008	2007
	£	£
Bank interest	1,279	767
	1,279	767

4. Costs of generating voluntary income

	2008	2007
	£	£
From trusts and other grant giving bodies	3,160	2,935
	3,160	2,935

5. Charitable activities

	2008		
	Direct Exp	Support	Total
	£	£	£
Islington Churches Bereavement Service	32,705	4,845	37,550
Rucksack - Child Bereavement Service	10,018	1,047	11,065
Islington Churches Cold Weather Shelter	17,135	2,293	19,428
Designated Funds - Innovation	13,581	0	13,581
	73,439	8,185	81,624

6. Basis of allocation for support costs

Support costs were initially split between costs of generating funds and charitable activities based on the nature of each cost. The amount allocated to charitable activities was then allocated to each individual project based on total staff hours in that activity. The support costs for the year are listed below.

	2008	2007
	£	£
General Management	6,685	5,440
Premises & Facilities	1,500	3,233
	8,185	8,673

**Notes to the accounts
For the Year Ended 31 March 2008**

7. Staff costs

	2008	2007
	£	£
Costs of CARIS Islington employees		
Gross Wages and salaries	50,089	49,523
Employers National insurance	4,742	4,621
	54,831	54,144

	2008	2007
	Number	Number
Average number of employees during the year		
Charitable activities	2	2
	2	2

No employees received emoluments greater than £60,000.

8. Creditors: amounts falling due within 1 year

	2008	2007
	£	£
Accruals and deferred income	0	0
	0	0

9. Analysis of net assets between funds

	Restricted Fund £	General Fund £	Total £
Fixed assets	0	0	0
Cash	40,363	30,017	70,380
Other current assets	0	0	0
	40,363	30,017	70,380
Creditors due within one year	0	0	0
	40,363	30,017	70,380

Notes to the accounts
For the Year Ended 31 March 2008

10. Statement of funds

	As at 1 Apr 2007 £	Income £	Expenditure £	Transfers Between Funds £	As at 31 Mar 2008 £
Unrestricted Funds					
General Fund	46,841	19,440	0	(36,264)	30,017
Designated Fund	13,317	0	(13,581)	264	0
Total Unrestricted Funds	60,158	19,440	(13,581)	(36,000)	30,017
Restricted Funds					
Islington Churches Bereavement Service	4,089	33,980	(40,710)	21,000	18,359
Rucksack - Child Bereavement Service	11,034	300	(11,065)	5,000	5,269
Islington Churches Cold Weather Shelter	17,608	8,555	(19,428)	10,000	16,735
Total Restricted Funds	32,731	42,835	(71,203)	36,000	40,363
Total Funds	92,889	62,275	(84,784)	0	70,380

GIFT AID - MAKING YOUR DONATION GO FURTHER

Do you know if you are a UK tax payer, charities can reclaim tax on any donation you make? All it requires is completing a simple declaration as shown below. So if you are thinking of making a donation to Caris or have already done so (since 6 April 2000) then please consider completing one of these. It means that we can reclaim 28p from the Inland Revenue for every £1 you donate.

If you have any questions or are unsure about anything then please contact the Treasurer, c/o the Caris office.

GIFT AID DECLARATION

CARIS ISLINGTON

REGISTERED CHARITY NO: 1057737

NAME:

ADDRESS:

POST CODE:

I would like the above charity to treat all donations I have made since 6 April 2000, and all donations I make from the date of this declaration until I notify otherwise as Gift Aid donations.

Date:

Signed:

Notes

1. To comply with above declaration, you must be paying an amount of income/capital gains tax equal to the tax claimable by the charity (currently 28p for every £1 you give).
2. You can cancel this declaration at any time by contacting the Treasurer c/o the CARIS Islington Office.
3. Please let us know if you at any time no longer pay enough tax or if you change your name or address. (We must keep accurate records of our donors in order for us to reclaim tax).