



## **Role specification**

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|------------------------------|--|
| <b><u>Role</u></b>           | Volunteer Counsellor   |
| <b><u>Responsible to</u></b> | Bereavement Counselling Services Manager and Clinical supervisor |
| <b><u>Hours</u></b>          | 3 to 4 hours home-based  |

We are extending the reach of our Bereavement Counselling Service, recruiting a team of Online volunteer counsellors to support people who have suffered a traumatic experience or another type of loss (e.g. of job, home, marriage, freedom) due to Covid19. The pandemic has restricted opportunities to 'say goodbye' and achieve closure around bereavement, has intensified existing hardships such as poverty and uncertainty, and created new difficulties such as the loss of freedom. People have faced challenges during the pandemic. CARIS Online Loss and Trauma project has been developed to support members of our community dealing with the mental and emotional effect of the pandemic, give them space to express their feelings to support them recover from this crisis, continue developing resilience, engage with the world and function effectively in their lives again.

### **Online Volunteer Counsellors will**

- i Provide Telephone and or online counselling to Islington Residents affected by a Covid-19 related loss or trauma.
- ii Attend fortnightly supervision
- iii Attend training sessions externally and in-house
- iv. Maintain clinical records for the service, using Core.Net.
- vi. Attend Volunteer meetings

Should you be interested in becoming a volunteer for this innovative project please contact Chrystelle [cbsmanager@carisislington.org](mailto:cbsmanager@carisislington.org) stating "Online project volunteer counsellor" in the subject.